

# 2010 SPEEDO ISI REGIONAL CHAMPIONSHIP MEET

## TIMERS

### Friday

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	BACK-UP
a	FOX	ACAD	ACAD	DLTA	DLTA	MAVS	CHMP	WVA	FOX
b	FOX	ACAD	ACAD	DLTA	DLTA	MAVS	CHMP	WVA	FOX

### SAT AM

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	BACK-UP
A	FOX	MAVS	MAVS	ACAD	ACAD	DLTA	WHTN	WHTN	FOX
B	FOX	MAVS	MAVS	ACAD	ACAD	DLTA	WHTN	WHTN	FOX

### SAT PM

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	BACK-UP
A	ACAD	ULTA	EXPR	DLTA	WHTN	MBLM	WSCS	MAVS	FOX
B	ACAD	SSSC	EXPR	DLTA	WHTN	MBLM	WSCS	MAVS	FOX

### SUN AM

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	BACK-UP
A	CHMP	MAVS	MAVS	ACAD	ACAD	DLTA	DLTA	EXPR	FOX
B	CHMP	MAVS	MAVS	ACAD	ACAD	DLTA	DLTA	EXPR	FOX

### SUN PM

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	BACK-UP
A	ACAD	ACAD	MAVS	RBSC	EMSC	WHTN	DLTA	FOX	FOX
B	ACAD	ACAD	MAVS	WSCS	EMSC	WHTN	DLTA	FOX	FOX